

July 10, 2010

Dear NCS Athletic Family

Most of you know that, upon occasion, we have been able to provide physical exams for our athletes. This year three physicians: two male and one female doctor from *Worthington Family Physicians* have agreed to provide physical exams for our NCS athletes at a greatly reduced rate. However, their staff has requested several things:

1. This service will be provided at a small cost of \$15.00 / athlete. Payment can be made in cash or a check made out to *Worthington Family Physicians*. Please do not submit insurance forms or co-pays,
2. Students will be expected to come to their office (address below).
3. The date for this offer has been set for Saturday, July 24th. The doctors will provide their service from 7:30 AM till 10:30 AM. Student should plan to arrive early.
4. Their office will need to know, ahead of time, the exact number of students needing to be seen.

In order to help meet these requests, we are asking you to help us and help their office. You must call the school office and let us know if your child or children will be participating. We have set a notification deadline of Wednesday, July 21th. The school office number is (614) 882-1493. This is a very generous offer to our NCS family, and we certainly want to do everything we can to show our help and appreciation.

Please be reminded that, according to OHSAA, no athlete may participate in any pre-season practice without having an up-to-date physical and must be officially registered as a Northside student. By up-to-date, we mean a dated physical exam taken within one calendar year of the date of the first official practice. The coach must have a copy of the completed physical form before the student may participate. We have included a copy of the official OHSAA physical examination form for your convenience.

I have listed the key dates and essential information below:

Wednesday, July 21st – Deadline to notify school office of interest (614) 882-1493

Saturday, July 24th – \$15.00 Physicals given at:

Worthington Family Physicians

874 Proprietors Road

Worthington, Ohio 43085

**Monday, August 10th – Opening date for NCS varsity soccer
And varsity volleyball practices**

Additional Questions can be addressed to:

Mrs. Candi Deubner (614) 885-9405